# DELHI PUBLIC SCHOOL CIVIL LINES, ALIGARH ANTI-BULLYING POLICY

As mandated by the Central Board of Secondary Education (CBSE),vide circular no. ACAD-17/2015, dated 9<sup>th</sup>March, 2015, an Anti-Bullying policy has been framed to address any bullying cases and to ensure as a learning environment for the students.

## **OBJECTIVE**

At DPS Aligarh, our mission is to empower students to acquire, demonstrate, articulate and value knowledge and skills that will support them, as life-long learners, to participate in and contribute to the global world. We endeavor to instill in students the values of hard work, dedication, devotion and self discipline to help them in their journey ahead for pursuit of

excellence.Theschoolpromotesrespect,trust,care,considerationandsupportamongst students. Any form of bullying is unworthy of a Despite and against all that the school stands for and shall attract disciplinary action.

#### **SCOPEOFWORK**

Prevention and redressal of acts of bullying such as:

- a) Physical Bullying(hitting, kicking, tripping, pinching, pushing, spitting, slapping, damaging property)
- b) Verbal Bullying (name calling, insulting, teasing, intimidation, verbal abuse, homophobic or racist remarks, inappropriate language)
- c) Social Bullying (social isolation of any student, cause humiliation, lying and spreading rumors, harming the social reputation of any student, negative facial or physical gestures, menacing or contemptuous looks, playing nasty jokes to embarrass any student, hurtful mimicry, encouraging others to socially exclude any student)
- d) Cyber Bullying (posting inappropriate content on social media, abusive or hurtful texts, emails, posts, images, or videos, deliberately excluding others online)
- e) Sexual Bullying (sexual name-calling, inappropriate verbal comments, vulgar gestures, uninvited touching, sexual propositioning, porno graphic material)

### ROLESANDRESPONSIBILITIESOFTHEEMPLOYER

- Create a school climate which is open, supportive and encourages pupils to disclose and discuss bullyingbehavior.
- Setup a complaint mechanism in the school to deal with complaints relating to bullying and to constitute an Anti-Bullying Committee for prevention and redresses of such complaints.
- Display the Child Helpline No 1098 prominently on School Notice Boards.
- Organize orientation programmes for the members of the Committee.
- Raise awareness within the school community (including school management, teachers, pupils, parents, volunteers etc.) that bullying is unacceptable behavior.
- Ensure comprehensive supervision and monitoring of all student activities.
- Work towards countering all forms of bullying and anti-social behavior.
- Conduct counseling sessions for those affected by bullying and for those involved in bullying.
- Facilitate ongoing evaluation of the effectiveness of the school's Anti-Bullying Policy.
- Provide procedures for noting, reporting, investigating and dealing with bullying behavior.
- Monitor the timely submission of report by the Committee.

## **CONSTITUTI ON OF THE COMMITTEE**

As per CBSE circular no.ACAD-17/2015,dated 9<sup>th</sup>March, 2015 the committee must consist of:

- 1. Chairperson(Principal)
- 2. Member1(School Doctor)
- 3. Member2(Senior Counselor)
- 4. Member3(1Senior Teacher)
- 5. Member4(1Parent Representative)
- 6. Member5(School Management Representative)
- 7. Member6(Legal Representative)
- 8. Member7(Peer Educator)

## STANDARD OPERATING PROCEDURES (SOPs)

S. No	Type of Bullying	Action Recommended		
		Mild(1–3 times)	Moderate(4–6 times)	Severe(7 times or more)
1	Physical /Verbal /Social/ Cyber Bullying	<ul> <li>To be addressed by the class teacher and counselor depending upon the concern.</li> <li>The bully must be asked to apologize.</li> </ul>	<ul> <li>Report to In-Charge/VP</li> <li>Time Out</li> <li>Forfeit extra- curricular activities and privileges</li> <li>Individual counselingsession</li> <li>Group counseling.</li> <li>Apprise parents and setup a meeting with In- Charge / VP to share home plans and strategies.</li> <li>Issue Reflection Card</li> <li>Take an undertaking from the student.</li> </ul>	<ul> <li>Report to the Principal</li> <li>Setup a meeting with the Principal</li> <li>Parental Counselling</li> <li>Take an undertaking from the parents</li> <li>Issue Reflection Card</li> <li>Student to be suspended depending on the situation.</li> </ul>
2	Sexual Bullying	<ul> <li>Report to the Principal.</li> <li>The bully must be asked to apologize.</li> <li>Take an undertaking from the student.</li> <li>Parents to be informed through the school almanac.</li> </ul>	<ul> <li>Report to the Principal</li> <li>Take an undertaking from the student.</li> <li>Apprise parents and setup a meeting for parental counseling.</li> </ul>	<ul> <li>Report to the Principal.</li> <li>Setup a meeting with the Principal.</li> <li>Parental Counseling</li> <li>Take an undertaking from the parents</li> <li>Issue Reflection Card</li> <li>Student to be Suspended dependingon the situation.</li> </ul>